



## NOTICE TO ALL BAHRAINI CITIZENS TRAVELING ABROAD

The Ministry of Foreign Affairs in Bahrain has issued the following guidelines for Bahraini citizens traveling abroad. These precautions are intended to protect you and ensure your safety.

- 1) Make sure your passport is valid for at least six months beyond the date of travel. If a family member does not have his or her own passport (for example, a dependant child), make sure that his or her name is included in your passport. Also, remember that each traveler must have his or her own visa to the destination country, regardless of the number of passports.
- 2) If possible, make all arrangements and bookings (accommodations, car rentals, etc.) before leaving Bahrain. Also, make sure you have enough money with you in case of emergency.
- 3) Protect your passport, tickets and other valuables by making use of hotels' safety deposit boxes. In case of loss or theft, report it to the nearest police station and take the police report to the nearest Bahraini diplomatic mission. If there is no Bahraini mission in the country you are visiting, go to the diplomatic mission of any of the GCC states (Kuwait, Oman, Qatar, Saudi Arabia and the United Arab Emirates). Similarly, if you have any problems while abroad, contact the Bahraini mission or that of one the GCC countries.
- 4) As a further precaution, keep a photocopy of your passport in a safe place other than with your passport.
- 5) Respect and comply with the laws of the country you are visiting (for example, report any valuables and cash you are bringing into the country, if required).

- 6) Avoid dangerous or unsafe areas, especially at night, in order to prevent unnecessary harm befalling you.
- 7) When renting automobiles, flats, etc., double-check the terms and make sure to read the fine print so that you are fully aware of the conditions of the rental agreement.
- 8) Don't leave any luggage or bags containing valuables unattended, especially in airports, train stations and other busy public places. Similarly, keep children and elderly people in your sight at all times.
- 9) When on foot, use areas designated for pedestrians, such as sidewalks and crosswalks.
- 10) When shopping, double-check your receipts to ensure that all charges match your purchases and that nothing has been added that you did not purchase.
- 11) If you need to withdraw money from a bank or ATM, withdraw only as much as you need. Be cautious about letting others see how much cash you have. It is advisable to use traveler's checks or credit cards whenever possible.
- 12) Do not take housemaids or domestic help with you when you travel to prevent the chance of them running away. In case of any incident, report it as soon as possible to the nearest mission.

If you have questions or need more information, please call the Ministry of Foreign Affairs in Bahrain at the following numbers:

+973-17-227555

+973-17-225114

+973-17-212006

or visit [www.mofa.gov.bh](http://www.mofa.gov.bh) , or the Embassy of the Kingdom of Bahrain in Japan's website at [www.bahrain-embassy.or.jp](http://www.bahrain-embassy.or.jp)